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**H.E. Lt. General Thein Sein,
Secretary (1) of the State Peace and Development Council
Chairman of the National Health Committee**



- In striving for all round development of a nation human resources that are healthy, physically fit and of high education standards are crucial.
- To raise the health status of the entire nation it is essential to give priority to the rural area, resident to the 70% of the population.
- To make health education for the rural people more effective, it is necessary to expand health education services by providing health talks and discussions as outreach services in the field, in addition to the conventional ways of using mass media like newspaper, radio and television.

**Foreword by H.E. Professor Dr. Kyaw Myint,
Minister for Health**

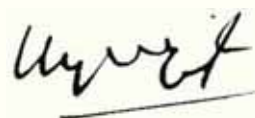
Recognizing the fact that, improvement in health leads to overall socio-economic development in addition to bringing well-being to the people, the Government of the Union of Myanmar has adopted "uplift of health, fitness and education standards of the entire nation" as one of the social objectives to build a modern and developed nation. In its endeavour to raise the health status of the people under the leadership and guidance of the State Peace and Development Council, the Ministry of Health could fulfill the objective of reducing the morbidity and prolonging the lives of the people.



With the prevalence of peace and tranquility all over the country, the Ministry could extend its services to hard to reach areas. With rapid globalization and liberalization of trade, and considering implications of these changes on health, it is becoming more evident that we are virtually living in a world without borders or boundaries. Honoring the commitments and pledges made in the field of international health, Myanmar is actively involved in international and regional health movements to combat common public health problems and communicable diseases.

This publication provides a short account of Myanmar health care system and achievements made in its efforts to meet the noble objective of raising the health status of the people.

Myanmar will keep on working with all partners, national and international, realizing that the attainment of the highest level of health can only be achieved through partnership and joint efforts of all those concerned.



***Professor Dr. Kyaw Myint
Minister for Health***

Four Political Objectives

- ◆ Stability of the State, community peace and tranquility, prevalence of law and order
- ◆ National reconsolidation
- ◆ Emergence of a new enduring State Constitution
- ◆ Building of a new modern developed nation in accord with the new State Constitution

Four Economic Objectives

- ◆ Development of agriculture as the base and all-round development of other sectors of the economy as well
- ◆ Proper evolution of the market-oriented economic system
- ◆ Development of the economy inviting participation in terms of technical know-how and investments from sources inside the country and abroad
- ◆ The initiative to shape the national economy must be kept in the hands of the State and the national peoples

Four Social Objectives

- ◆ Uplift of the morale and morality of the entire nation
- ◆ Uplift of national prestige and integrity and preservation and safeguarding of cultural heritage and national character
- ◆ Uplift of dynamism of patriotic spirit
- ◆ Uplift of health, fitness and education standards of the entire nation